

# FIT BODY BOOT CAMP

**Robert Frost Middle School has partnered with Deer Park Fit Body Boot Camp which is helping us raise money for our students.**

**Here's is the best part about this partnership:**

- Deer Park Fit Body Boot Camp will be running a special 28 Day Metabolic Reset for Deer Park families!
- The cost of this program is normally \$196 but parents can register at a reduced rate of **\$30!**
- Deer Park Fit Body Boot Camp is donating 100% of all proceeds back to Robert Frost Middle School and helping our community be healthier!

Fit Body Boot Camp is a super friendly environment for people of all fitness levels regardless of your age or fitness level. This IS NOT a military-style boot camp, so don't let the name fool you. They are an indoor group fitness program, helping hundreds of local community members transform their lives.

This fundraiser has limited spots available, and registration for the program is going to start this

**Monday, November 4, 2024.**

Secure your spot by scanning the QR Code



Authorized for Distribution  
*Alex* 10/23/24  
Principal, Robert Frost Middle School

**We're excited to help provide greater educational opportunities for our students and look forward to your support!**

Authorized for Distribution

Supintendent of Schools

Date

*10/23/2024*

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